



PSCHE and RSE at Shenley Primary School 2025 – 2026

At Shenley Primary School, we aim to provide a nurturing, inclusive and ambitious RSE and PSCHE curriculum that enables all children to become healthy, respectful, resilient and responsible members of society. Our curriculum supports children in understanding themselves and others, developing positive relationships and making informed choices that contribute to their physical, emotional and mental wellbeing. Our Shenley STARS values (self-belief, teamwork, aspiration, respect and strength in kindness) and our school rules (be ready, be respectful, be safe) are at the centre and underpin Shenley school life.

We use the Kapow Primary RSE and PSCHE scheme to deliver a progressive and carefully sequenced curriculum that meets statutory Relationships Education and Health Education requirements while reflecting the needs of our pupils and community.

Shenley Primary School has a separate RSE Policy.

Intent

At Shenley Primary School, our intention is to develop confident, compassionate and responsible children who are prepared for life in modern Britain. Through our RSE and PSCHE curriculum, children develop the knowledge, skills and attributes needed to manage their emotional, social and physical wellbeing both now and in the future.

Our curriculum is designed to:

- Promote positive mental health, emotional literacy and resilience.
- Encourage children to develop healthy, respectful and safe relationships.
- Support pupils in understanding personal safety, including online safety and safeguarding.
- Foster respect for diversity, equality and inclusion.
- Develop children's understanding of rights, responsibilities and citizenship.
- Prepare children for changes they will experience as they grow and transition through education.
- Equip pupils with the confidence to make informed and responsible decisions.

The Kapow Primary curriculum follows a spiral model, meaning children revisit key themes throughout their primary education with increasing depth and maturity.

The curriculum is structured around five key areas:

- Family and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Non-statutory sex education is taught in Year 6 which parents have the right to withdraw their children from. In Year 6, pupils also explore identity and transition to secondary school.



At Shenley Primary School, we believe PSHE and RSE are central to safeguarding and personal development. We aim to create a safe environment where children feel valued, listened to and confident to discuss sensitive issues appropriately. Our curriculum promotes kindness, empathy, respect and the understanding that every child has a voice and a role within the wider community.

Implementation

RSE and PSHE are taught through the Kapow Primary scheme using weekly lessons across EYFS, Key Stage 1 and Key Stage 2. Lessons are carefully sequenced to ensure progression in knowledge, vocabulary and skills from Reception through to Year 6.

Our implementation includes:

- Weekly discrete PSHE/RSE lessons.
- A progressive spiral curriculum revisiting key themes each year.
- Discussion-based learning that encourages pupil voice and reflection.
- Retrieval opportunities to support knowledge retention.
- Cross-curricular links with computing, PE, science and safeguarding.
- Opportunities for collaborative learning, role play and real-life scenarios.
- Clear classroom expectations and safe discussion routines.

Kapow Primary provides teachers with:

- High-quality lesson plans and resources.
- Built-in CPD and teacher guidance.
- Knowledge organisers and progression documents.
- Adaptive teaching strategies to support all learners, including SEND pupils.

At Shenley, we further enrich the curriculum through:

- Assemblies and themed awareness days.
- Celebration of diversity and British values.
- Mental health and wellbeing initiatives.
- Safeguarding and online safety activities.
- Opportunities for pupil leadership and responsibility.
- Strong links between school, home and the wider community.
- Behaviour Curriculum
- Links with the Mental Health Support Team

Teachers create an inclusive and supportive classroom environment where pupils are encouraged to ask questions, express opinions respectfully and develop confidence in discussing important issues. Lessons are adapted appropriately to meet the needs of all learners and reflect the context of our school community.



Assessment is ongoing throughout lessons through:

- Teacher observation
- Pupil discussion and reflection
- Retrieval activities
- Questioning
- Book/journal evidence
- Pupil voice opportunities

Subject leaders monitor the quality of teaching and learning through:

- Learning walks
- Book looks
- Planning scrutiny
- Pupil conferencing
- Staff feedback and CPD

Impact

By the time children leave Shenley Primary School, they will:

- Demonstrate kindness, empathy and respect towards others.
- Demonstrate our Shenley STARS values.
- Understand how to keep themselves physically and emotionally safe.
- Be able to develop and maintain healthy relationships.
- Show resilience, confidence and independence.
- Understand how to manage risk and make informed decisions.
- Recognise the importance of mental and physical wellbeing.
- Appreciate diversity and challenge stereotypes and discrimination.
- Be prepared for the next stage of their education and life beyond primary school.

Children will be able to talk confidently about their learning and apply their knowledge to real-life situations. They will understand how to seek help, manage challenges and contribute positively to society.

The impact of our curriculum is evidenced through:

- Positive pupil attitudes and behaviour.
- Strong pupil voice outcomes.
- High-quality discussions and reflective learning.
- Consistent progression in knowledge and skills.
- Safeguarding awareness and understanding.
- Monitoring and assessment evidence across the school.

Our RSE and PSHE curriculum supports children in becoming thoughtful, informed and respectful individuals who are ready to thrive in an ever-changing world.

