

# TALKING FAMILIES



**NEW DATES ADDED**

**Thursdays 9.45 - 11.15am** Online Course: ID 757  
**5th, 12th, 19th, 26th June, 3rd & 10th July 2025**

**6, weekly sessions for parents and carers of children under 12, sharing tips on how to:**

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**
- **Develop a strong parent/child relationship now and for the future**

**Our online support sessions are delivered weekly via Zoom.**

**Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.**

**'Every parent should do this course! It has taught me so much about how to deal with family life.'**

**Booking essential**

**Please quote the course ID**  
**To check eligibility and book a place, contact Supporting Links on:**

**07512 709556**



These courses are provided free to participants by Hertfordshire County Council's Targeted Parenting Fund



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