

Family Lives Spring Term Programme 2025

Less Shouting, More Cooperation (6 weeks) Online group

Wednesday 22 January to 5 March 7.00pm to 9.00pm

A programme to help parents be more effective at getting their children to cooperate and listen to them

Bringing Up Confident SEN Children (6 weeks) Online group

Monday 3 February to 17 March 9.30am to 11.30am

A programme to help parents gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school

Sorting Out Arguments in your Family (6 weeks) Online group

Wednesday 26 February to 2 April 9.30am to 11.30am

A programme aimed at helping sort out arguments between parents and their children and between brothers and sisters

Getting on with Your Pre Teen/Teenager (6 weeks) Online group

Thursday 27 February to 3 April 9.30am to 11.30am

A programme to help parents understand and get on better with their teenage children. Maybe there is an FFA/CIN/CP in place and need more support

Dads Together (6 weeks) Online group

Wednesday 26 February to 2 April 7.00pm to 9.00pm

A programme to support dads in learning how to change the way you communicate with your child, respond better and feel more in control

For more information, please contact Louise on

0204 522 8700 or email

services@familylives.org.uk.

Please scan our QR code for our referral form.



Scan Me!