## New 2 hour Workshop -Communication

## Online March/April 2025





For Dads & Male Carers When: Monday 31 March 7.00pm—9.00pm

This 2 hour fully funded workshop is open to all Hertfordshire parents and carers. Learn more about:

- Why communication matters for everyone
- Communication to build and support healthy relationships
- The stress response system and the effects on communication
- The Language of Safety Model
- Skills and strategies from learning to practice

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• The importance of communication and the Protective Behaviours Process

## To book your place please use this link or the QR code

https://forms.office.com/e/AH9T9xiyWK



Please like us on Facebook for further updates @familiesfeelingsafe

For Mums, Dads & Carers When: Tuesday 1 April 9.30am—11.30 or 7.00pm—9.00pm



Families Feeling Safe Protective Behaviours Services has been funded through HCC to provide Families Feeling Safe programmes across Hertfordshire .We deliver Protective Behaviours training for professionals and provide programmes and workshops to children and their families www.familiesfeelingsafe.co.uk E-mail: enquiries@familiesfeelingsafe.co.uk