

New 2 hour Workshop - Communication

**Online
March/April
2025**



**For Dads & Male Carers
When:
Monday 31 March
7.00pm—9.00pm**

**For Mums, Dads &
Carers
When:
Tuesday 1 April
9.30am—11.30
or
7.00pm—9.00pm**

This 2 hour fully funded workshop is open to all Hertfordshire parents and carers. Learn more about:

- Why communication matters for everyone
- Communication to build and support healthy relationships
- The stress response system and the effects on communication
- The Language of Safety Model
- Skills and strategies - from learning to practice
- The importance of communication and the Protective Behaviours Process

To book your place please use this link or the QR code

<https://forms.office.com/e/AH9T9xiyWK>



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